

29 May 2020

Dear Proprietor

COVID-19 Restrictions for Yoga, Barre and Spin Facilities – Stage 2.1

The ACT is about to take the next step in Canberra's Recovery Plan, with the restrictions of yoga, barre and spin facilities gradually easing.

We thank you for your compliance to date, with your support assisting our community in managing COVID-19 and leading to this lift in restrictions for business and industry.

We are currently at Stage 2.1 of the [ACT Government's Easing of COVID-19 Restrictions Roadmap](#).

What does this mean?

From **11:59pm on Friday, 29 May 2020**, yoga, barre and spin facilities will be able to operate provided they comply with all of the following restrictions:

- There are no more than 20 people (the instructors and staff on duty) in a group in each **indoor space**, and where social distancing of one person per four square metres is observed.
 - An **indoor space** means an area, room or premises that is, or are, substantially enclosed by a roof and walls, regardless of whether the roof or walls or any part of them are permanent or temporary; or open or closed.
 - If you are looking to make any internal alterations in your premise to make separate internal spaces, a building approval may be required.
- All activities are supervised by staff (whether for classes, individual equipment use, or one-on-one personal training).
- You ask for a first name and contact phone number (for contact tracing purposes) of each person who attends and, if provided, you must keep a record of those details and the date and time at which the person attended;
- By 11:59pm on 5 June 2020, you develop a COVID-19 Safety Plan, to which you must adhere to, and which must be produced when requested by an authorised person.

These requirements are outlined in the [Public Health Direction](#).

It is suggested that, as far as practicable, the following risk mitigation measures be applied to gatherings:

- Hand hygiene products and suitable waste receptacles should be available, to allow for frequent cleaning and waste disposal
- Clearly display signage at the entrance to the facility recommending unwell individuals isolate at home and not attend, as attached to this letter
- Wherever possible, physical contact should be avoided, and

- Where activities involve the use of equipment, that equipment should be regularly cleaned and, where practicable, not be shared by people other than members of the same household.

What about my facility?

The application of the restrictions is different for each yoga, barre and spin facility, depending on the size of its indoor spaces. You must develop a COVID-19 Safety Plan to suit each of your yoga, barre and spin facilities.

You will find attached to this letter:

The ACT Government's COVID-19 website (www.covid19.act.gov.au) has a range of materials to support our community. This includes frequently asked questions and answers, factsheets and posters you can display to ensure your staff and your clients are aware of the requirements.

Attached to this email are also some posters you can print and display, as well as guidelines to help you with the development of your COVID Safety Plan.

These materials are designed to support you as you look to re-open and ensure your operating arrangements meet the restriction requirements.

We recognise that you may have some questions after you have read the information attached. The Access Canberra Business Liaison Unit remains committed to supporting you and can be contacted on (02) 6205 0900.

Supporting safety in our community through education and compliance:

Access Canberra, the Health Protection Service and ACT Policing will continue to proactively monitor and enforce restrictions to protect community health.

Your business may have already had a visit or been contacted by these teams during COVID-19. We are working to support business understanding of the restrictions to support compliance, through educating and engaging with business.

Please note: strict penalties apply and action may be taken against those who put the community at risk through serious or repeated breaches of legal requirements and Public Health Directions.

For the latest information on the ACT Government's response to COVID-19, please visit www.covid19.act.gov.au.

Yours sincerely



Emily Springett
Executive Branch Manager
Access Canberra